



The world's top strength and conditioning experts for golf gathered from October 16-19, 2008 in Anaheim, Calif. at the 3rd Annual World Golf Fitness Summit, hosted by Titleist Performance Institute cofounders



Dave Phillips and Dr. Greg Rose. The three-day seminar focused on the growing discipline of golf specific fitness, and included over 50 speakers from 10 different countries and was attended by over 250 golf professionals, physical trainers and medical professionals interested in golf fitness.



The Core Trainer was exhibited in the main hall where over 250 attendees met every day

Numerous speakers and attendees had the opportunity to personally use the Core Trainer and were consistent in their positive reaction to its functionality, precision movements and agreement that it will effectively train and condition the core while helping to develop improved muscle memory.

Among the speakers who experienced the Core Trainer and provided positive feedback were - -

**Dr. Tom House**

Tom is recognized as one of the world's foremost authorities on pitching and is the current pitching coach at USC. He pitched on the professional level from 1967 to 1979 and coached for the Houston Astros, San Diego Padres and Texas Rangers.

**Dr. Rob Neal-**

Dr Neal is the CEO and founder of Golf BioDynamics and provides biomechanical services to The Jim McLean Golf School in Miami Florida. Rob consults to various National Teams (Australia, Denmark, Germany) and numerous PGA's (UK, Denmark, Australia, New Zealand and Germany) and sits on the Board of the Titleist Performance Institute for Biomechanics..

**Dave Phillips**

Born in England Dave has played competitively all over the world, is a Class A and faculty member of the PGA of America. He is one of the Golf Magazine's Top 100 Teachers. Dave is the co-host of the Golf Fitness Academy on the Golf Channel and a cofounder of the Titleist Performance Institute in Oceanside, California.

**Gray Cook**

Gray is a practicing physical therapist who developed the Functional Movement Screen a system that assesses basic movement patterns leading to targeted training that enable improved performance for all athletes. He is a board-certified orthopedic clinical specialist with the American Physical Therapy Association. Gray is also a certified strength and conditioning specialist with the National Strength and Conditioning Association.